New year habit tracker

January 2027, one month to start up to 12 new habits. Tick a box each day you do one.

In 2027 I want to _____

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
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January wins



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Plan your week in the Corenk app
https://corenk.app/get?src=pdf-new-year

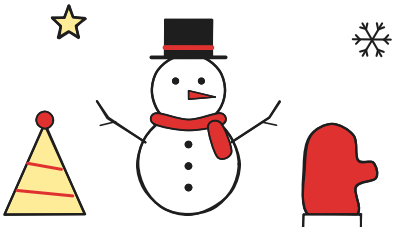
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In 2027 I want to _____

	1 F	2 S	3 S	4 M	5 T	6 W	7 T	8 F	9 S	10 S	11 M	12 T	13 W	14 T	15 F	16 S	17 S	18 M	19 T	20 W	21 T	22 F	23 S	24 S	25 M	26 T	27 W	28 T	29 F	30 S	31 S
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January wins



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How to use it

1. Print the page on A4 or Letter. It is dated for January 2027, Friday the 1st to Sunday the 31st.
2. Write a category on each yellow line, then up to three habits under it. Start small: a new habit sticks when it is easy.
3. Tick the day's box each day you do one. New Year's Day has its own yellow column, so day one is easy to find.
4. On the 31st, write your January wins in the box and pick the habits you carry into February.

Print tips

- A4 and Letter pages are both in this file; print the one your printer takes.
- Prints fine in black and white. 100% scale, no fit-to-page.
- Works in GoodNotes and Notability too: import the PDF and write on it.

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